

Fruity Flapjacks



Ingredients:

10oz/250 g porridge oats

6oz/150g butter

3oz/75g golden syrup

3oz/75g brown sugar

4oz/100g sultanas or
cranberries



Method:

1. Melt together the sugar, butter and syrup.
2. Add this melted mixture to the oats and fruit and mix well.
3. Cook on 180°/ gas mark 5 for 20 minutes.
4. Wait for the flapjacks to cool down before serving.

