

Haddock, Smoked Bacon and Tomato Tortilla

Ingredients:

½ onion, chopped

140g haddock fillet,
cubed

140g smoked bacon
lardons

2 fresh tomatoes,
chopped

4 free-range eggs

1 tsp olive oil

Salt and pepper

Method:

1. Heat oil in a frying pan.
2. Add bacon, haddock and onion.
3. Fry for about 10 mins.
4. Add tomatoes
5. Add beaten, seasoned eggs.
6. Place in oven 180°C for 10 mins or leave in frying pan and cook until golden brown.

