

# Education Wellbeing Service Webinar

## Supporting Common Child Anxieties and Worries - Including Around Exams

For KS2 Parents & Carers

It can be hard sometimes to know how best to support your child's fears and worries. This webinar provides a range of guidance, tips and tools for supporting common childhood fears and worries, including around exams.

This free webinar looks at different ways you can:

- Talk with your child about worries
- Identify key worries
- Support your child with their anxieties and worries
- Provides some key resources



### DATE / TIME

Tuesday 27th February 7.30-8.30pm

Wednesday 29th January 12.30-1.30pm

### LOCATION

Online - Hosted on Teams

Sign up to this event for free on Eventbrite (and check out our others!) by scanning the QR Code or following the link below:

[Click here to book](#)

